

Curriculum Vitae

Dr. med. univ. Helga HAHN
helga.hahn@gmx.at
www.dr-helgahahn.at

Joanelligasse 12 Top 28

1060 Wien

Austria

Tel: 0043 664 101 6445

Fax: 0043 1 505 4913

Personal Data: Born in Vienna, MD, University Vienna

Studies and Work:

2022	Occupational Health Physician at Flightkeys GmbH (Vienna based software development company), Vienna
2021 - 2008	Occupational Health Physician at DI Wilhelm Sedlak GmbH (Construction Company), Vienna
2020 - 2016	Occupational Health Physician at OeSD, Österreichische Staatsdruckerei GmbH (High security printing Company), Vienna
Since 2006	Occupational Health Physician at Styria Media Group AG, Vienna

2019 - 2018	Occupational Health Physician at Cards & Systems, EDV - Dienstleistungs GmbH, IT, Vienna
2019 - 2017	Occupational Health Physician at FREY WILLE GmbH & CO KG, (Jewellery Manufactory), Vienna
2005 -1997	Occupational Health Physician at "DiePresse" Verlags GmbH, Vienna
Since 2003	Member of Scientific Committee on "Work and Vision" of ICOH (International Congress on Occupational Health)
Since 1995	Occupational Health expert for the Austrian Courts
Since 1990	Authorization for special medical examinations in occupational health concerning to ASchG (Employees' Rights in Austria)
	Trainer in First Aid
2018 - 2014	Occupational Health Physician at "DerMann" (Bread production Company), Vienna
2017 - 2005	Occupational Health Physician at "Felber" (Bread production Company), Vienna
2012 – 1990	Leading Occupational Health Physician at "Fernwärme Wien" GmbH, Vienna
2010 – 2008	Occupational Health Physician at Wr. Jugendwohnheime Council, Vienna
2008	Occupational Health Physician at GMI, Institute of Molecular Plant Biology, Vienna
2007	Occupational Health Physician at Forstinger Handels- und Service GmbH
·	Occupational Health Physician at various small and mediume. g. Falkensteiner Hotel Vienna, Spigo Etiketten [Label Printing mercial Services GmbH, Auktionshaus im Kinsky GmbH - [Auction
2009 - 2006	Occupational Health Physician at "Müller" Handels GesmbH & Co KG (Perfumery), Innsbruck and Pasching
2006 – 1990	Member of the Viennese Rescue Team
2005 – 1997	Occupational Health Physician at "DiePresse" (Print Media), Vienna
2004 – 1999	Member of the Austrian Water and Waste Association, ÖWAV, Vienna
2004 - 1990	Occupational Health consultant at various Austrian companies

1998 – 1992	Occupational Health Physician at Landis & Gyr Austria (IT Technology), Vienna
1994 – 1991	Lecturer in Hygienic and Disaster medicine
	Head of Department for: Hygienic, Poisoning and Disaster Medicine at the Viennese Rescue Team
	Presentations in Austria and abroad
1990	Occupational Health Physician EBS (Special Waste Plant in Simmering), Vienna
1990 – 1988	Member of the rescue Team, Red Cross Vienna
1990 – 1988	Member of the Viennese Doctors Association home patient visiting team
1989 – 1988	Medical Expert at the Austrian Experimental Pharmacologic and Toxicological Register for Medication, Vienna
1989	GP and expert for "SVA – Health Insurance Company", Vienna
1989	Anaesthesiology at Wr. Neustadt Hospital
1987	Occupational Health Physician for "Konsum Austria", Vienna
1988	General Practitioner
1988 – 1984	Training for graduation in: GP, 18 Months in Anaesthesiology Hanusch – Hospital, Vienna

Training and Graduation:

Certificate in Emergency Medicine
Diploma in Nutrition Medicine, Austrian Doctors Association Certificate from the Health and Society Summer School at University College, London, U. K.
Topic: "Social Determinants of Health"
Business Management Compact, WIFI Vienna
Diploma in Environmental Medicine, Austrian Doctors Association
Courses in:
"Labour Psychology and Mediation" and "Burn out Syndromes", Academy of Occupational Health Physicians, Klosterneuburg, Austria
"Stress Moderation", AUVA (Austrian Accident Insurance Company), Vienna

2001	Certification as European Ergonomist, University Siegen, BRD
2000	"Instruction in Evaluation of Medical Offices", Viennese Doctors Association
	Course in "Environmental Ergonomics", University Siegen, BRD
1999	Courses for Low - Level Laser Therapy, AUVA (Austrian Accident Insurance Company), Vienna
1992	Course I + II in "Leading and Organisation in Case of Disaster", Nottwil, Switzerland
1989	Basics in "Leading and Organisation in Case of Disaster", Austrian Doctors Association, Vienna
1988 – 1985	Diploma in:
	Emergency Medicine
	Occupational Health Physician
	Teaching in Spine Motility
	Acupuncture

Presentations:

2022	"Vaccinations, Pros + Cons", Fa. FLIGHTKEYS GmbH, Vienna "Skin, Sun and Skin Protection", Fa. FLIGHTKEYS GmbH,
Vienna	
	"Keep Moving", Fa. FLIGHTKEYS GmbH, Vienna
2020	"Bewegung an Beispielen", Fa. DI Sedlak GmbH, Wien
2019	"Vaccination – pros + cons", Cards&Systems, Vienna
2018	"Exercise at the Work Place – Why, How, Results", Cards&Systems, Vienna
	"Nutrition – Excessive Meals + Anorexia", Cards&Systems, Vienna
2012	"Fire Trainer" – A Field Study: to evaluate the demands of fire workers
	ÖGA (Austrian Society of Occupational Health) – Annual Meeting 2012, Graz, Austria
2011	"Combustion, Accident at Work", Case Report, 5 th Congress on Occupational Health, Hvar, Croatia
2010	"PC – Workplaces and Conjunctival Germs"– Restudy, 8 th IOHA (Int. Occupational Hygiene Association), Rome, Italy
4	

2009 "Fire Trainer 2006" - A Field Study: to evaluate the demands of fire workers 29th ICOH (Int. Congress on Occupational Health), Cape Town, SA "DESI - Dry Eye Screening" - Field Study concerning dry eyes in workers at PCs, 29th ICOH (Int. Congress on Occupational Health), Cape Town, SA "New Special Work Shoes" – A Test Series for Fernwärme Wien GmbH. Vienna "Emergency Exits in Far Distance Heating Tubes" – A Field 2008 Study: to evaluate workers' demands, Fernwärme Wien GmbH, Vienna 2007 "Fire Trainer" - A Field Study: to evaluate the demands of fire workers "Healthy Nutrition – Vital and More", Fernwärme Wien GmbH "The Importance of Occupational Health - Synopsis", "The Development of Occupational Health - History and Situation in Austria". "Container Exercise" – Case Report on one Participant, Seminar for students at Central Queensland University, School of Health & Human Performance, Rockhampton, Australia 2006 "The Effectiveness of a Special Protective Creme in Trash Workers", 28th ICOH (Int. Congress on Occupational Health), Milan, Italy 2005 "The Occupational Health Physicians' Examination – Why, What for", Fernwärme Wien GmbH, Vienna "PC – Workplaces and Conjunctival Germs", 6th IOHA (Int. Occupational Hygiene Association), Pilanesberg, SA 2004 "PC - Workplaces and Conjunctival Germs", 7th WWCS (International Conference on Work with Computing Systems), Kuala Lumpur, Malaysia "Empirical Reports from Garbage Economy", ÖWAV (Austrian Water and Garbage Association), Fernwärme Wien GmbH, Vienna "Hvgiene in Wastewater Plants", ÖWAV (Austrian Water and Garbage Association), Fernwärme Wien GmbH, Vienna "Heat in Workplaces", General basics, Fernwärme Wien GmbH, Vienna

2003	"PC – Workplaces and Conjunctival Germs", 27 th ICOH (Int. Congress on Occupational Health), Iguassu, Brazil
2002	"PC – Workplaces and Conjunctival Germs",17 th Asian Conference on Occupational Health, Taipei, Taiwan
2001	"Occupational Health Aspects in the Eye of the Operating Authority", ÖWAV (Austrian Water and Garbage Association), Fernwärme Wien GmbH, Vienna
	"The Importance of Occupational Health Cooperating with Occupational Safety – How Can We Convince Employers and Employees", Austro Safety Wien, Austria Center, Vienna
2000	"Helicobacter pylori Screening Test on 557 Viennese Workers of both Sexes", 9 th Int. Congress on Infectious Diseases, Buenos Aires, Argentine
	"Eye Screening Tests on Workers of Both Sexes in Vienna", 26th Int. Congress on Occupational Health, Singapore
1999	"Eye Screening Tests on Workers of Both Sexes in Vienna", 15 th World Congress on Occupational Safety and Health, Sao Paulo, Brazil
	"Emergency Medicine – Occupational Health: A Contradiction", 16 th St. Pauler Emergency Days, St. Paul in Lavantthal, Austria
1997	"Is the Question of Hygiene a Negligible Topic while Dealing with Big Damages", 14 th St. Pauler Emergency Days, St. Paul in Lavantthal, Austria
	"Fernwärme Wien GmbH – Safety Engineering and Occupational Health at Fernwärme Wien GmbH", 9 th ICORD (Int. Conference on Occupational Respiratory Diseases), Kyoto, Japan
1996	"Hygiene at the Rescue Team", Retter 96, VAZ St. Pölten, Austria
1993	"Rescue Teams: How to Stay Ready for Disaster", 10 th St. Pauler Emergency Days, St. Paul in Lavantthal, Austria
	"Rescue Teams: How to Keep Ready to Cope with Disaster", Viennese Doctors Association, Vienna
	"Case Report" – about a Major Train Accident in Süßenbrunn, 1 st Refresher Course Doctor in Charge, Oberwiesenthal, Germany
	"Major Accidents" – The Viennese K – Coaches, 1 st Refresher Course Doctor in Charge, Oberwiesenthal, Germany
1992	"Preparing for Doc in Charge", Course for Doc in Charge, Civil Defence Corps, Lebring, Austria

"Distribution and Transport during Disaster Management", Course for Doc in Charge, Civil Defence Corps, Lebring, Austria

"Viennese Rescue Team – Distribution and Transport of Patients in Case of Disaster", Viennese Doctors' Association, Vienna

Publications and Prizes:

1998	"Check-up: Before Gastritis and Gastric Ulcers", in "Anima"
1997	"Safe and Clean" in "Sichere Arbeit", AUVA Vienna
1992	"K-Coaches" – At the Viennese Rescue Team, Booklet

Co Author for Regulation Print outs:

"Employees' Protection and Hygiene in Garbage Management"

Case Reports:

"Recovery from an Eighty-Percent Total Body Surface Area Burn Injury Sustained at Work"— Case Report, presented at 5th Croatian Congress on Occ. Health, Hvar – in Archives of Industrial Hygiene and Toxicology Vol. 63/2012

Short Films:

2009	"Wiener Stadtwerke Venenfilm", Co-author for Fernwärme Wien GmbH
2008	"First Aid – Video for People at Work", for Fernwärme Wien GmbH
2008	"Motion at the Workplace", for Fernwärme Wien GmbH
2007	<i>"Lifepak 500 – How to Use a Defibrillator" –</i> for Fernwärme Wien GmbH

Various Print outs in:

Congress Booklets, Internet and on CDs

<u>Publications in Ergophthalmology 1999 – 2010:</u>

Hahn H (1999)

[&]quot;Employees' Protection and Hygiene in Wastewater Management"

"Eye Screening Tests on Workers of Both Sexes in Vienna"

15th World Congress on Occupational Safety and Health

São Paulo, Brazil

Hahn H (2000)

"Eye Screening Tests on Workers of Both Sexes in Vienna"

26th ICOH "International Congress on Occupational Health"

Singapore

Hahn H (2002)

"PC - Workplaces and Conjunctival Germs"

17th Asian Conference on Occupational Health

Taipei, Taiwan

Hahn H (2003)

"PC - Workplaces and Conjunctival Germs"

27th ICOH "International Congress on Occupational Health"

Iguassu, Brazil

Hahn H (2004)

"PC - Workplaces and Conjunctival Germs"

7th WWCS "International Conference on Work with Computing Systems"

Kuala Lumpur, Malaysia

Hahn H, Mayer H (2009)

"DESI - Dry Eye Screening" - A Field Study

29th ICOH "International Congress on Occupational Health"

Cape Town, RSA, March 2009

Mayer H, Breitstadt R, Hahn H, Horgen G, Kraus-Mackiw E, Müller U, Rosner M, Seiffert B, Wolkoff P (2009)

"Curriculum Ergophthalmology"

29th ICOH "International Congress on Occupational Health"

Cape Town, RSA, March 2009

Hahn H (2010)

"PC - Workplaces and Conjunctival Germs"

8th IOHA "International Occupational Hygiene Association"

Conference on: "Health, Work and Social Responsibility". The Occupational Hygienist and the Integration of Environment, Health and Safety"

Rome, Italy, September 2010

Kraus-Mackiw E, Mayer H, Müller H, Hahn H (2010)

"Inflammatory Eye Disease and Work Stress - Central Serous Retinopathy as a Paradigm"

Oral presentation at the 8th IOHA (International Occupational Hygiene Association)

Conference on: "Health, Work and Social Responsibility". The Occupational Hygienist and the Integration of Environment, Health and Safety"

Rome, Italy, September 2010

Mayer H, Wolkoff P, Hahn H, Kraus-Mackiw E, Müller U (2010)

"Ergophthalmology for Occupational Hygienists"

Oral presentation at the 8th IOHA "International Occupational Hygiene Association"

Rome, Italy, September

Awards:

2013 Egmont Baumgartner – Prize 2013

Austrian Society for Occupational Health

For

Occupational Health Studies within the Company

"Fire Trainer" – A Field Study: to evaluate the demands of fire workers

1997 Silver Award for Poster Exhibit

At 9th ICORD (International Conference on Occupational Respiratory Diseases), Kyoto, Japan

For

"Fernwärme Wien GmbH – Safety Engineering and Occupational Health at Fernwärme Wien GmbH"

Memberships and Positions:

SBMA - Slovak Bio - regenerative Medicine Association, Bratislava

ÖAIE – Austrian Academic Institute of Nutrition Medicine

ICOH – International Commission on Occupational Health,

Scientific Committee 'Work and Vision"

HFES Europe - European affiliate of the Human Factors and Ergonomics Society

(USA)

WTS - Working Time Society

ÖGAM – Austrian Association of Family Medicine

ÖGIM - Austrian Association of Internal Medicine

WONCA – Global Family Doctor

Austrian Association of Occupational Health

Austrian Association of Emergency and Disaster Medicine

Association of Medical Doctors in Vienna

SCIENNALE - Organization, Heidelberg

Further Education:

0044

since 2011	Exercise and Dance, Tango Argentino, Education and Training, Maria Theresia Mühlbacher, PROFESSIONAL DANCER IIIIII
2020 – 2019	Education in phonation and speech, Diana Dressler
2005 - 1999	Education in phonation and speech, Traute Foresti
1977 – 1970	Acting at: "Dramatisches Studio, Theater im Werkraum",
	Prof. Dr. Hilde Weinberger